



PAINTING and COOKING in UMBRIA

**with Maestre Evelyn Kleis and
Theresa Eisenbarth**

in cooperation with

**THE FARMERCHEFS
Lorenzo Polegri & Kim Brookmire**

**October 22-30 2017
Orvieto-Italy**

The First Italian Class of Painting, Cooking and Exploring the Beauty of Umbria

(Is it funny to sketch sober.... ???)...

Welcome to a new approach to fine arts in Orvieto!

The Art Workshops are located in the streets of Orvieto, at Zeppelin restaurant and in the countryside of this magnificent town. Orvieto was an Etruscan city and has had great importance since Medieval times. Today, Orvieto is an important artistic and cultural center, situated in the Umbria region of Central Italy, between the cities of Rome, Assisi, and Siena, near lake Bolsena. The city is perched on a rock, 325 meters high, overlooking the Paglia river valley. Orvieto is a quick one-hour drive north of Rome's airport.

The Cathedral of Orvieto is one of the masterpieces of Italian Gothic Architecture. An inside chapel holds Luca Signorelli's famous "Apocalypse" frescoes. The Soliano Palace preserves works of Signorelli, Simone Martini, and sculptures of Andrea Pisano. The Etruscan necropolis contains many tombs decorated with Etruscan writing.

In the area of Orvieto food and wines are authentic stars, specially because the great renowned extra virgin olive oil, the open-air markets, the local and fascinating black and white truffles, the beauty of the gardens, the traditional tales of the farmer and the old ladies walking down the medieval alleys. It is pretty easy to be captured by the natural fragrance of a rosemary bush nearby the city walls, or the wild fennel in the fields of the blooming sunflowers.

The whole region around Orvieto provides a unique artistic and culinary experience: here your deep personal inspiration will discover the most sensitive part of your spirit.

The Art Workshops are taught in English by our Maestre Evelyn and Theresa in the breathtaking hills of Umbria. This historical region provides a cultural experience that nurtures creative expression.

The Art Workshops focus on drawing and painting and are designed for beginners as well as more experienced artists. We'll be working in the restaurant-studio as well as venturing out to visit locations of historical interest and scenic beauty. Students will be provided with a variety of media. We will work with landscape and architecture, and explore color and composition.

The Cooking Workshop is taught in English by FarmerChefs Lorenzo Polegri and Kim Brookmire in renowned restaurant "Zeppelin", in the historical center of Orvieto, and Casa Segreta Farm in Baschi.

The surrounding rural area of Orvieto provides a great variety of tasty ingredients and the freshness of vegetables and herbs used in the cooking preparations makes the true difference of cooking in our town.

The Farmerchefs will take you where the origins of our recipes take place: open air markets, fields, gardens, woods, stores; they will tell you the truth of the authentic "Amatriciana" and how to make a proper "Parmigiana", taking your souls back to medieval and Etruscan atmospheres ...

The Cooking Workshops focus on the preparation of a real local and traditional meals, and are designed for beginners and cooking amateurs as well as professionals and more experienced gourmand.

The FarmerChefs will give you four hands-on cooking classes, performing fresh hand made pasta, gnocchi, breads, pizzas and "focaccia", meats, vegetables, and, of course, tempting desserts...



EVELYN AND THERESA IN THEIR STUDIO

DETAILS

HANDS-ON and CLASSES

- 5 Painting Classes with Maestra Evelina and Theresa
- 3 hands-on cooking classes with Chef Lorenzo and Chef Kim, preparing an entire classic Italian meal, including breads, focaccia, pizza, pasta, gnocchi, soups, main course, dessert ... and gelato....!!!
- 1 hands-on chocolate class making cioccolatini!

HOUSING & MEALS

- 8 nights in 4-star Hotel, free Wi-Fi
- All meals included, with mineral water, wines and coffee

INSURANCE

- Participants are covered by Caremed Gold travel Insurance for luggage loss and damage; accidents, health and dental

TRANSPORTATION

- Airport transfers and all workshop and local transfers

OTHER INCLUSIONS

- One Set of watercolor paints, paper and brushes
- School jacket and apron
- Free Wi-Fi

- Copy of The Etruscan Chef, by Lorenzo Polegri and Kim Brookmire
- Diploma of “ Italian Watercolor Painter ”
- Diploma of “ Italian FarmerChef ”
- Diploma of “ Maestro del Cioccolato ”

Number of participants	cost per person
4 – 12	<p>€ 2,200.00 per student, in double room in Hotel with breakfast</p> <p>€ 2,450.00 per student, in single room in Hotel with breakfast</p>

Schedule

October 22 Sunday

Arrival in Orvieto in the morning /afternoon



Introduction and check in to hotel.

7:00 pm / 9:30 pm Wine tasting and dinner at Cantina Foresi and visit the old winery.

October 23 Monday

9:00 am / 1:00 pm **Cooking Class 1.**



1:00 pm Lunch at Zeppelin with wines ,coffee, cappuccino

3:45 pm / 5:45 pm **Art Class 1**, Introduction to outdoor sketching



Afternoon Free time

7:45 pm Dinner at Zeppelin with wines, coffee and all...



October 24 Tuesday

9:00 am / 1:00 pm **Cooking Class 2**



1:00 pm Lunch at Zeppelin with wines ,coffee, cappuccino

2:30 pm Trip to Civita di Bagnoregio



3:00 pm /6:00 pm **Art Class 2 in Civita**



7:45 pm Dinner at Zeppelin with wines, coffee and all...

October 25 Wednesday

8:00 am / 10:00 am **Truffle Hunting! With Giovanni and Gnappetta**



10:45 am / 1:00 pm Free Time...walk, shop, paint , visit Cathedral ..'Duomo'.

1:00 pm Lunch at Zeppelin with wines ,coffee, cappuccino



3:15 pm / 5:30 pm **Art Class 3**

7:45 pm PIZZA DINNER IN CASTIGLIONE

October 26 Thursday

8:30 am / 9:45 am **Visit Orvieto's Farmers' Market**, tasting and seeing the best in local produce.

10:00 am / 1:00 pm **Cooking Class 3**



1:00 pm Lunch at Zeppelin with wines ,coffee, cappuccino

3:00 pm / 5:00 pm **Art Class 4**



7:45 pm Dinner at Zeppelin with wines, coffee and all...

October 27 Friday

8:00 am **Trip to Perugia and Assisi.**

10:00 am / 12:30 pm **Hands on chocolate making and tasting class in Perugia**



1:00 pm Lunch in Assisi

2:30 pm / 4:00 pm Visit Cathedral of St. Francis.

4:30 pm / 6:30 pm **Art Class 5**

8:00 pm Dinner in countryside at Casanova, Baschi.

October 28 Saturday

FREE MORNING!!!

1:00 pm Lunch at Zeppelin with wines ,coffee, cappuccino

3:00 pm Trip to Casa Segreta Farm

3:30 pm / 6:00 pm Olive harvest!!! Trip to the Extra Virgin Olive Oil Mill with tasting of the new oil!

7:00 pm BBQ with a lot of food and wines!

October 29 Sunday

FREE DAY!!!

Suggested visits: The Etruscan Tombs, Orvieto Underground, Museums

6:00 pm / 7:30 pm Zeppelin :Wine Tasting Seminar : wines of Tuscany, Umbria and Lazio

7:45 pm DINNER at Zeppelin -- in honor of 75 year old women !!!
Certificates and Group Picture!!!



October 30 Monday

Transfer to Rome airport and a cheek kissed by an Italian chef!

